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MOSAIC

IES DEPARTMENT, DUBAI SCHOLARS PVT. SCHOOL

Writing is just as important as Reading

When literacy skills are taught to children, adults lay more emphasis on reading than on writing, since a child with a book and pencil is perceived to have a very bright future. Very often, we emphasize more on the student's ability to read and comprehend text, while sidelining the importance of writing. We somehow assume that the child will learn how to write - eventually. However, reading and writing go hand-in-hand.

Writing skills involve handwriting, organization, use of vocabulary and sentence syntax. The skills help students think creatively, critically, take control of their ideas and communicate them to others. When students tell their own stories, they become strong and confident individuals. Writing is recommended as a form of self-expression and helps them subconsciously face their problems in life. Increased writing instruction that focuses on writing strategies, planning, and organization, can benefit students for the rest of their lives.

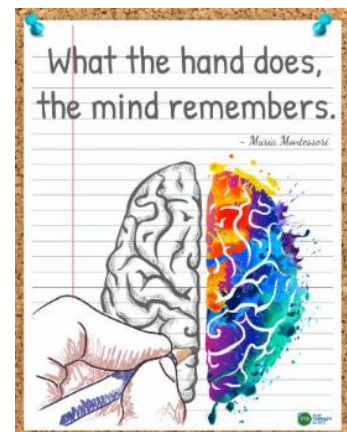
Young people, living in the digital age, are using text messaging, drafting emails and posting on social media, using informal and abbreviated language. However, this trend cannot continue when they step into their professional lives. Hence, it is our responsibility to get them 'future ready' in terms of expressing themselves in the written form. Our future professionals are required to have both oral as well as written skills to move ahead and take a leap into their chosen careers.



**Zeenat
Mukadam**
Learning Support
Educator



VS



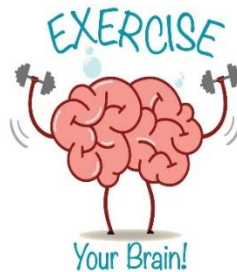


Sara Firdos Bhimani
Inclusion Ambassador
(2018-2020)

My thoughts...

Inclusion for me, is not only confined to understanding people of determination, but including them into the society in a way that they form one of the threads of the fabric. Inclusion provides a bonding that everyone in the society, regardless of uniqueness in age, colour, profession and any other stereotypical boundaries that we have set. Nevertheless, it can only be achieved when there is acceptance and when awareness is spread. Inclusion is an act, which can be executed in a broader perspective, in cohesive places like education, workspaces and society-at-large. We need to pull our act together to broaden our perception of Inclusion.

WHAT IS BRAIN GYM?



A healthy and sharp mind is the mantra of a successful and happy life. A series of simple exercises can boost your brain function making you sharper, smarter and more confident. These exercises are known as brain gym exercises. They comprise of some easy body movements, which help to coax the two hemispheres of the brain, to make them work in synchronized manner.

Brain Gym helps to improve neurological function so that areas of the brain are more strongly connected and accessible for any given task. The programme uses developmental movements and provides a level of immediate improvement. It is simple and fun - for anyone from 8 years of age and above.

Brain Gym movements have been specifically designed to stimulate the senses and rewire the brain. When you can access more of your mind, a person with learning challenges tends to cope better. Improved levels of confidence, motivation, focus and positivity can clearly be seen in individuals or teams. A few minutes of movements will immediately change how you feel and will improve your ability and skills. It is a brilliant, extremely effective and simple programme when used properly, and in my opinion, should be used in schools every day to help all student be able to learn easier and confidently.

Brain Gym in Schools

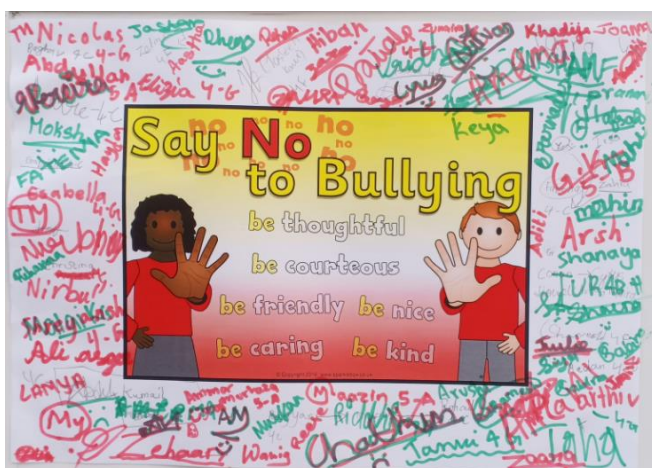
Teachers typically report improvements in attitude, attention, discipline, improving reading and comprehension age quickly, handwriting, homework performance, reduced exam pressure and improved behaviour of their students. Issues with dyslexia, behavioural difficulties, ADHD, autism, and self-confidence can greatly improve. Brain Gym can be a very effective technique that can improve anti-social behaviour such as bullying naturally and quickly.



'No Limits' Awareness Campaign

Anti-bullying Workshop

December, 2019, also saw the IES team facilitating anti-bullying sessions with the students of the primary phase, in an effort to spread awareness about the ill-effects of bullying. The students were advised about the types of bullying, reasons why people bully / get bullied and strategies to handle bullies. These interactive sessions involved watching videos, reflecting on what they saw and discussing scenarios presented to them. They ended the sessions with mindfulness techniques aimed at promoting self-esteem, mental wellbeing and impulse control.



'No Limits' Awareness Campaign

Community Outreach Event @ Dubai Scholars ... SPREAD THE CHEER!

December 12th, 2019, was the time to celebrate our support staff, the backbone of our school, who work selflessly every day of the academic year, to make our functioning in school smooth and easy. This event was organised by the IES Department in collaboration with the Primary Phase of the school and whole school staff. The students of Years 3, 4 and 5 generously contributed soaps, shampoos and deodorants towards goody bags for the security personnel, drivers, cleaners and teaching assistants. The meal was organised by the teachers.

